



SAFE TRAVEL AND QUARANTINING GUIDELINES FOR INTERNATIONAL STUDENTS

Arriving in Canada to attend Emily Carr University of Art + Design.

Welcome to all of our International Students. These guidelines are for all Emily Carr University international students who are currently outside of Canada and who are planning to travel to Canada to study at Emily Carr University.

Due to the COVID-19 pandemic, there are travel restrictions that limit travel to Canada. If you are making plans to come to Canada, please let us know by emailing our International Office at intadvising@ecuad.ca.

Only students who had study permits approved before March 18, 2020 are permitted to enter Canada. And they may only enter, if their travel is deemed essential by Immigration, Refugees and Citizenship Canada.

Please check the recent communication about your program to confirm if you have registered in a Hybrid course and will be required to be on campus or can complete your September (Fall) semester online. If you are not sure contact intadvising@ecuad.ca

Emily Carr University strongly recommends that all international students planning to travel to Canada clearly understand the Government of Canada and BC Government laws and regulations before making travel plans. <https://www.canada.ca/en/immigration-refugees-citizenship/services/coronavirus-covid19/visitors-foreign-workers-students.html#restrictions-students>

PRE-DEPARTURE

PACKING

Carry-On Luggage:

- You must bring in your carry-on luggage, at least 2 cloth masks or several disposable ones, a travel-sized bottle of hand-sanitizer and disinfecting wipes.

Checked-In Luggage:

In addition to regular packing requirements, students are recommended to bring:

- 30 disposable face masks and 1 cloth face mask
- One large bottle of quality hand sanitizer
- Box of Nitrile gloves
- Thermometer

You must also ensure to have the following documents ready in your carry-on luggage for when you arrive in Canada:

- Passport
- IRCC Approval letter
- Letter of Acceptance and support letter from Emily Carr University indicating that you are registered in a Hybrid program requiring you to be on campus.
- Proof of pre-arranged accommodation document and contact information of Hotel/Home/Apartment.

PRE-DEPARTURE PROTOCOL

Inform us of your arrival date before you come to Canada so that we can re-confirm that you have received and understood your responsibilities with respect to Canada's international travel restrictions and your safe entry into Canada. Send your travel itinerary to intadvising@ecuad.ca.

Health Insurance

You must confirm and provide proof that you have purchased adequate Health Insurance, including COVID-19 health insurance. Information about Health Insurance is available at this link:

<https://www.ecuad.ca/admissions/welcome-guide/pre-arrival-checklist/health-insurance#an-international-student>

- Send your proof of health insurance to intadvising@ecuad.ca

Complete the Federal ArriveCAN Application

You can download the ArriveCAN application: The app works in airplane mode and allows you to save your information to submit upon arrival at the airport or border.

[iPhone/App Store](#)

[Android Devices](#)

Read the BC Self-Isolation Guide [Dos and don't of self-Isolation](#)

Complete a B.C. Self-Isolation Plan

Your plan can either be: Completed and submitted online before, or when, you arrive in British Columbia.

Online submission: [Click here](#) Note: The form does not work on Internet Explorer

Submit the filled paper form when you entering at Canada: Download a [PDF version of the form](#)

Download [COVID-19 App and Daily Symptom Tracker](#)

Before boarding your flight

If you're travelling by air, you need to pass a health check conducted by airlines before you're allowed to board your flight. Anyone who shows symptoms of COVID-19 will not be allowed to enter Canada by air.

Travel Protocol:

While travelling to your destination in Canada, you must:

- Wear a mask
- Practice social distancing
- Wash hands frequently
- Use hand sanitizer regularly and as necessary
- Sanitize your personal space and high-touch areas such as seat belts and tray tables
- Minimize trips to the washroom (flush the toilet with the seat cover down)
- Touch as few surfaces as possible
- Keep your cell phone charged
- Bring some food as restaurants or stores may be closed
- Bring a refillable water bottle

Mandatory quarantine for travellers entering Canada

When you arrive in Canada by air or land, the government will assess your health before you leave the port of entry. If you have a valid study permit, or were approved for a study permit on or before March 18, 2020, you're exempt from the travel restrictions, however, you must have a plan to [quarantine for 14 days](#) when you arrive in Canada. This is mandatory, even if you have no symptoms.

When you arrive at your final destination, quarantining means you cannot leave the hotel/house/apartment for the next 14 days. You can go outside if there is a yard or private area, but you cannot go shopping, visit other homes, or go out anywhere.

The penalties for not following your quarantine plan can include

- 6 months in prison and/or \$750,000 in fines.
- Being found [inadmissible](#), removed from Canada and banned from entering for 1 year.

Further, a person who causes a risk of imminent death or serious bodily harm to another person while wilfully or recklessly contravening this act or the regulations could be liable for a fine of up to \$1,000,000 or imprisonment of up to 3 years or both.

If you plan to travel to Canada for the September (Fall) semester, please let Otilia Spantulescu intadvising@ecuad.ca know your quarantine plan.

Transit from YVR Vancouver International Airport to your quarantine accommodation

Ensure you wear an appropriate mask or face covering and be mindful of physical distancing and good hygiene practices. - [Please see the Travel Protocol](#)

Travel options from YVR Vancouver International Airport:

<https://www.yvr.ca/en/passengers/takecare/transportation-and-parking>

If your hotel or other accommodation does not provide food services during your quarantine and you do not have anyone to help to drop off groceries or pick up the things you need, then please let us know at intadvising@ecuad.ca and we will support you.

During Quarantine

You must monitor your health for 14 days, if you start having COVID-19 symptoms, then isolate yourself from others. Symptoms may include one or all of these:

- Fever, equal to or greater than 38°C
- Cough
- Difficulty Breathing
- Shortness of breath
- Signs of fever Shivering, flushed skin, excessive sweating [COVID-19 App and Daily Symptom Tracker](#)

If you are experiencing any of these symptoms, immediately call the public health authority (811) and describe your symptoms and travel history, and follow their instructions.

ATTENDING EMILY CARR UNIVERSITY AFTER QUARANTINE

Once you have completed your self-isolation quarantine you will be able to attend the ECU campus in accordance with our **Safe Return to Campus Risk Management guidelines** that we will send to your Emily Carr email address.

Resources and useful links:

<https://www.canada.ca/en/public-health/services/publications/diseases-conditions/2019-novel-coronavirus-information-sheet.html>

<https://www2.gov.bc.ca/gov/content/safety/emergency-preparedness-response-recovery/covid-19-provincial-support/self-isolation-on-return>

[CORONAVIRUS DISEASE](#)

[Hand washing1](#)

[Hand washing2](#)

[Dos and don't of self-isolation](#)

[Returning Travellers Factsheet \(PDF, 216KB\)](#)

[COVID-19 App and Daily Symptom Tracker](#)

[HOW TO QUARANTINE \(SELF-ISOLATE\) AT HOME](#)

Welcome to Vancouver and Emily Carr University!